

The Breeze

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Vol. 91, No. 40
Thursday, February 21, 2013

Student struck in crosswalk

Junior hit by car on Cantrell, recovering from non-life-threatening injuries

By IJ CHAN
The Breeze

A student was sent to the hospital after reportedly being struck by a car while trying to cross the street.

Daniel Everett Holland, a junior music education major, is at Rockingham Memorial Hospital with non-life-threatening injuries.

On Tuesday night at around 9:48 p.m., police responded to a call about a traffic crash involving a pedestrian on the 700 block of South Main Street.

Police found that Holland was allegedly struck by a 2006 Dodge Ram 2500 driven by 64 year-old Dale Simmons of Linville, Va. Simmons was attempting to make a left turn onto Cantrell Avenue from South Main Street, police said.

Simmons reportedly hit Holland while Holland was trying to cross Cantrell Avenue. He's been charged with failing to yield right of way to a pedestrian.

The South Main Street area has been prone to a jaywalking problem involving large numbers of students crossing the street from Anthony-Seeger Hall to the Quad.

Sgt. Roger Knott of the Harrisonburg police said that it doesn't appear

see **CRASH**, page A4

'Worst night of my life'

Speaker tells the story of his drunk driving that killed his best friends

By ERIC GRAVES
The Breeze

Addressing more than 600 listeners, Mark Sterner asked a series of questions about spring break. On the last question, he asked the audience not to respond.

"How many people killed their three best friends while driving drunk?" Sterner asked.

On Thursday night, students and community members packed into Grafton-Stovall Theatre and watched in silence as Sterner recounted the worst night of his life.

The Greeks Advocating Mature Management of Alcohol and the Substance Abuse Prevention groups brought Sterner to present "DUI: A Powerful Lesson."

Through CAMPUSPEAK, a program that brings speakers to college and high school campuses, Sterner tours the country, recalling his story to more than 2 million students.

Three months before their college graduation, Sterner and his friends Aaron, Pete, Jim and Darren were on their last night of spring break. They decided that Sterner, being the least drunk, would drive the group back to their hotel.

Two miles from their destination, their rented Lincoln Town Car ran off the road and crashed into a ditch. The wreck formed a 200-yard crater from where the car originally ran off the road. Sterner and Darren were the

see **DUI**, page A3



MATT SCHMACHTENBERG / THE BREEZE

Remembering a sister

More than 300 students huddled together last night at a candlelight vigil held on the Festival Lawn for Jenna Stone, a May 2012 graduate who died suddenly on Saturday.

Students circled around seven vases of flowers and a scrapbook on the ground. Seven of Stone's friends stood in the middle, holding candles.

Many of those who attended were Stone's sorority sisters, who sang "I Want to Linger," one of Tri-Delta's ritual songs.

Several of Jenna's close friends described her as someone who had endless energy and lived life to the fullest. At one point, one of Jenna's friends dropped her candle.

"That's Jenna giving us a little comic relief," she said.

Stone graduated with a degree in communication studies and was studying contemporary communication at the Notre Dame of Maryland University.

KEYSTONE CRUSADERS

Students and activists rally in Washington, D.C., to protest massive pipeline extension



COURTESY OF MELISSA GRIFFIN

About 40,000 people marched in protest of the proposed Keystone XL Pipeline, a project that would span from Canada to Texas.

By ANNE ELSEA
The Breeze

The largest climate rally in history brought together Canadians and Americans for an environmental issue that might change North America's landscape and energy supply.

On Sunday, an estimated 40,000 people walked in the "Forward on Climate" rally in Washington, D.C., to get President Obama to reject further construction of the Keystone

Pipeline. People from an estimated 30 states attended to support the environmental cause.

It was Sierra McAliney's first rally, and she went to become a more active environmentally conscious citizen.

"The pipeline is a really awful idea," said McAliney, a sophomore communication studies major. "They've already built one. It's already spilt 12 times. The idea that they want to build a bigger one across the country is ludicrous."

The Keystone Pipeline has been operating

since 2010 delivering Canadian crude oil to the U.S. Midwest. The pipeline currently covers 2,147 miles and the XL extension will build another pipeline from Canada to Houston in a separate path from the original.

The pipeline cost \$5.2 billion with the Keystone XL expansion slated to cost about \$7 billion. The Keystone XL expansion was expected to be completed by 2012-2013, but has been pushed back due to protests and

see **KEYSTONE**, page A4

Freshman physics major publishes novel

In young-adult book 'Black Banner,' Evan Meekins creates fantasy world similar to Tolkien and Martin

By VANESSA WEBB and MARY KATE WHITE
The Breeze

Freshman Evan Meekins fused his interests in physics and English to author his first novel at age 17.

"The Black Banner," a young-adult fantasy novel, is due to hit store shelves nationwide next month, and it's expected to sell 5,000 copies.

"The Black Banner" centers around the life of a young slave, Milcas, who embarks on a series of invents that eventually inspire a slave revolt in the kingdom of Verden. The politics of the kingdom change as Humans, Elves and Dwarves decide whether they will confront the new threat to the established order. Julius, a kind young prince, must decide between bringing peace back to the land or satiating his evil father's hunger for power.



LAUREN GORDON / THE BREEZE

Evan Meekins drew inspiration from George Orwell for his science fiction novel.

"It's like a mixture of ["Game of Thrones"] and "Lord of the Rings" — a mixture of political struggle and

all-out warfare," Meekins said. Meekins said his physics major and English minor complement each

other well.

"I love to balance myself with something as concrete, puzzle-like and definite as physics, while being able to express myself and let my imagination run free when I write," Meekins said.

Meekins, who plans to go on to graduate school for radiation physics, hopes to someday become a radiologist and work in cancer treatment.

But Meekins, who's from Virginia Beach, has always been interested in literature, drawing inspiration from classic authors like George Orwell and Mark Twain. His senior year of high school, he considered writing his own work.

"I had the idea, like a joke, 'What if I wrote a book?'" Meekins said. "But the idea started growing in my head." Meekins started writing "The Black

see **NOVEL**, page B2

The Breeze

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MISSION

The Breeze, the student-run newspaper of James Madison University, serves student, faculty and staff readership by reporting news involving the campus and local community. The Breeze strives to be impartial and fair in its reporting and firmly believes in First Amendment rights.

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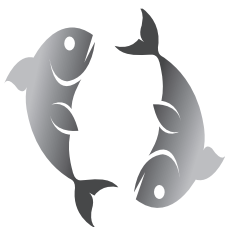


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horoscopes



PISCES

(Feb. 19-March 20)

Don't waste hours
on communications

that go nowhere. Minutes spent
making extra copies of your data
can save you time and money.



ARIES

(March 21-April 19)

You're testing the
limits. Your friends
and family help

grow your ideas and create new
business.



TAURUS

(April 20-May 20)

There's still a lot
of work to do (especially around
finances), but with dedication
and compassion you make great
progress.



GEMINI

(May 21-June 20)

Reaffirm your
vision for the

future, and get some well-
deserved attention. Save
something away for emergencies.



CANCER

(June 21-July 22)

You can really
complete a project
that you'd been putting off. Better
fix something before it breaks.
Avoid impetuous spending.



LEO

(July 23-Aug. 22)

Together, you can
achieve amazing
things, but you have to be patient.
Saving money is important, but
not over your health.



VIRGO

(Aug. 23-Sept. 22)

Make up a plan
before you start.

Include exercise in your routine;
a little makes a difference over
time. Keep producing excellence.



LIBRA

(Sept. 23-Oct. 22)

Integrity counts
double now,
especially at

work. Customer satisfaction pays
dividends.



SCORPIO

(Oct. 23-Nov. 21)

Go over your
options again

before choosing, but choose, even
if it seems difficult. Don't waste
a penny.



SAGITTARIUS

(Nov. 22-Dec. 21)

The tension is
getting higher, for

better or worse. You can actually
benefit greatly from the situation.
Bend the rules to your benefit.



CAPRICORN

(Dec. 22-Jan. 19)

Review the
assignment to

avoid errors. Don't be afraid to
ask a special person to help. It's
a good excuse to
hang out, anyway.



AQUARIUS

(Jan. 20-Feb. 18)

Not everything goes according to
plan, but that doesn't stop you
from going for it, especially where
work's concerned.

Los Angeles Times Daily Crossword Puzzle

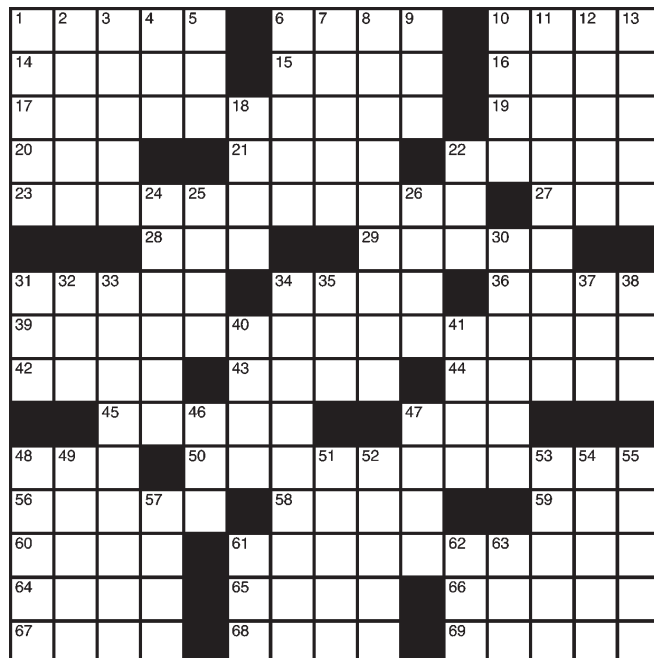
Edited by Rich Norris and Joyce Lewis

ACROSS

- It's taken in court
- City founded by King Harald III
- Silences, gang-style
- Skateboarder's leap
- Pringle, e.g.
- Brother of Fidel
- *Squeaker
- Fanboy's mag
- __ of Reason
- Exhort
- Make a fake of
- *Fall in with the wrong crowd, say
- Nurse
- KOA parkers
- Hopeful opening
- Up on, with "of"
- Trim
- Word with median or minimum
- *Kobe, notably
- Related
- Redding who sang "These Arms of Mine"
- Agenda bullets
- Old saw
- "Mad Men" channel
- Tach meas.
- ***Voilà!
- Daughter of King Triton
- Composed
- Yokohama yes
- Kooky
- "Cantique de Noël," in the States
- Cause of a sniff
- Three-piece piece
- Big name in paper
- Like many collectibles
- War god
- A/V component

DOWN

- __ point
- "Ooh, send me!"
- Northern sheets
- McCourt memoir
- Texter's giggle
- Yellowish shade



By Ian Livengood and Jeff Chen

2/21/13

Monday's puzzle solved

	C	O	A	C	H	K			F	E	A	S	T	S	
M	A	U	D	L	I	N		T	I	N	W	A	R	E	
A	R	T	S	A	L	E		A	L	G	E	R	I	A	
D	I	D		D	O	W	A	G	E	R		K	P	S	
O	B	O	E			B	L	U	R		R	O	L	O	
F	O	O	T	S	W	E	E	P		D	O	Z	E	N	
F	U	R	E	L	I	S	E		H	E	Y	Y	A		
			R	E	N	T		M	E	G	A				
	M	I	N	E	D			C	O	R	A	L	S	E	A
B	A	D	A	T		M	O	O	D	S	W	I	N	G	
O	R	E	L		B	T	E	N		E	Z	R	A		
U	T	A		D	O	W	N	B	O	Y		Z	O	T	
G	I	L	B	E	R	T			A	M	I	B	L	U	E
H	A	L	F	C	A	F			S	E	P	T	E	T	S
S	L	Y	F	O	X				E	N	S	U	R	E	

- Energetic
- Wedge in a mojito
- 100%
- With great skill
- Tool used to give the starts of the starred answers a 17-Across?
- Big name in small bags
- Western loop

- Nimrods
- "That sounds bad!"
- "Chicago Hope" Emmy winner
- "Me, too"
- Rochester's love
- Eggs in a lab
- Cloak-and-dagger org.
- Post-ER area

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8 million high school students who play sports in the U.S. This number will rise after the DOE's 2013 directive to offer inclusive athletics in K-12 schools.

#noexcuses

#daw2013

NATION

Despite more drilling, gas prices rise

Los Angeles Times

WASHINGTON — Like locusts ravaging fertile crops, gasoline prices are soaring again and eating away at the purchasing power of ordinary Americans. And again, financial speculators appear to be a big part of the story.

The national average pump price hit \$3.74 for a gallon of unleaded gasoline Tuesday, up a sharp 44 cents per gallon from just a month ago, according to the AAA's Fuel Gauge Report.

"It's the 33rd day in a row that we've seen a consecutive increase" in gasoline prices, said Nancy White, spokeswoman for the AAA.

More than a passing pain, rising gasoline prices act like a tax on consumers, harming the economy by whittling away at the amount of money the consumer can spend on other things. Gasoline expenditures as a percentage of U.S. household income hit three-decade highs in 2012, and the recent spike suggests 2013 might not be much better.

The rising gasoline

prices come even as the United States now produces more than half the oil it consumes. In fact, the nearly 800,000 barrel-per-day increase in U.S. production output from 2011 to 2012 reflected the largest one-year jump since oil drilling began in 1859.

The U.S. Energy Information Administration projects that U.S. oil production will rise from 6.89 million barrels per day in November 2012 to 8.15 million by December 2014. At the same time, the International Energy Agency has lowered its estimates for global demand for oil. Lacking demand, OPEC, the oil-exporters cartel, has reduced production.

It all argues for lower oil prices, or at least less volatility in the price of oil and thus gasoline.

Enter financial speculation. Commercial end-users of oil such as airlines and trucking companies who once dominated 70 percent of the market for market for future deliveries of oil now represent just 30 percent. Non-commercial financial speculators now dominate 70 percent of the market. The trading is dominated by Wall Street banks, hedge funds and other financial institutions that have no intention to take delivery of the oil needed to make gasoline.

Sea turtles find home in Baltimore

Capital News Service

BALTIMORE — Sea turtle number 32 had a small part of its front left flipper amputated earlier this month because a joint lesion has not healed since the reptile was brought to the National Aquarium's Marine Animal Rescue Program in November.

"It's an infection in the joint, so we don't want it to spread and then have to amputate the entire flipper," said Amber White, a husbandry aide.

The surgery on Feb. 8 went well. Number 32 has stitches in the flipper and has resumed its normal swimming activities, while stitches on the turtle's front right flipper are healing well after a similar amputation was done at the Baltimore animal care center in January.

Number 32 was found stranded off the coast of Cape Cod, Mass., White said. Its rehabilitation carries high stakes because it is a Kemp's Ridley sea turtle, the smallest and most critically endangered species of sea turtles.

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SPANNING OUT

Cable news channel bus comes to JMU for students to tour and learn about America's history



1



2



3

BECKY SULLIVAN / THE BREEZE

1. The C-SPAN bus originally came to JMU in 2010 to educate new voters for the upcoming elections. 2. Junior international affairs and Spanish double major Shevy Chaganti uses the computer to take an American history test while on board the bus. 3. The bus, located outside of the Quad, featured more than \$1 million in equipment designed to teach students about the American first ladies.

BY ANNE ELSEA
The Breeze

A \$1.2 million dollar tour bus made its first stop at JMU. A touring C-SPAN bus visited JMU for its "First Ladies: Influence & Image Tour" on Wednesday morning. C-SPAN, a TV network that covers Congress, politics, books and American history, debuted the two-year feature series on Monday night.

The bus was stationed outside Wilson Hall from 9:30 to 11 a.m. Students got to walk through the bus taking quizzes about first ladies and American history. A few students also got to be recorded on Tout, a new social media network of 15-second video posts, asking a question to C-SPAN audiences about first ladies.

"We are going to use the video posts of students asking

questions on our network," Lindquist said. "Some will answer, mostly historians and professors who study American history."

Senior communication studies major Ray McKiver, was one of the students who got to ask a question to audiences about the history of first ladies.

"I used to want to be a journalist," McKiver said. "I'm still caught up with watching the news and keeping up with events. It is awesome that I will be on C-SPAN. I have a joke with my friends that I'm going to be famous, maybe this is my chance."

The bus features computers that are set up with quizzes about American history, TVs set up with a running video about the first lady, iPads and iPhones with the C-SPAN mobile app and a SMART Board that is used with high school and middle school groups, according to Jessica

Lindquist, marketing representative for C-SPAN.

The series will examine the first ladies private lives and their roles in the White House. The tour will be the first televised biographical series on all of the first ladies

"We are trying to go to schools with connection to first ladies or presidents, so JMU was our first stop," said Lindquist. "JMU has the connection with Dolley Madison and James Madison."

The next stops in Virginia will be Mary Baldwin College, Hollins University, Sweet Briar College and University of Virginia.

Students who were walking by on the Quad stopped by to see what C-SPAN was doing at JMU. Shevy Chaganti, a junior international affairs and Spanish double major, was

see **BUS**, page A4

Image epidemic

Operation Beautiful holds panel on eating disorders and recovery at JMU



TRIXIE HADDON / CONTRIBUTING PHOTOGRAPHER

Liz Klemt, Michele Cavato and Susan Margolis discuss healthy eating habits and resources available on campus for students.

By ELIZABETH DSURNEY
The Breeze

Liz Klemt, a senior health sciences major, thought she knew everything about nutrition until her counselor told her she wouldn't die if she ate a cheesesteak.

Starting November 2011, she had a binge eating and excessive exercising disorder, but never purged.

On Tuesday night, Operation Beautiful, a club that seeks to promote positive body image and raise eating disorder awareness, held a panel discussion on the prevention, education and treatment of eating disorders in honor of eating disorder awareness month.

Klemt said she used to lie to her roommate about how often she worked out.

"I would tell her I only ran a little in the morning, but it was actually five miles," Klemt said. "At night, I would sometimes run eight miles."

Klemt hasn't binged since November of 2012. She hopes to inspire others through her story.

"I realized that calories are fuel and your body needs them," Klemt said. "It's not necessary to constantly read food labels."

Signs and symptoms of eating disorders include, but are not limited to, severe dieting, compulsive exercising, periods of fasting, feelings of isolation, more than suggested diuretic use and secretive bingeing.

Over 70 people gathered in ISAT 159 for the event. Some came in support of their sorority sisters, others out of general interest.

The answering panel was comprised of Klemt, clinical dietitian

Michele Cavato and Varner House counselor Susan Margolis.

Educators for Operation Beautiful, Molly Robinson, a junior health sciences major, and Lauren Stearns, a sophomore hospitality management major, moderated the event.

The panel addressed topics including the definition of an eating disorder, how someone with an eating disorder can improve their diet, counseling, on-campus awareness programs and raising students' confidence levels.

Kelsey Peck, a sophomore communication studies major, thinks that events that speak about eating disorders help JMU students understand more about the topic.

"These programs are helping students by bringing an important subject to light, and we can now help our peers and family," Peck said. "Spring break is coming up, and these events especially help students who are struggling with eating disorders by showing that it's not what's on the outside, but the inside that counts."

Cavato believes that all foods can fit into a healthy diet, even brownies and cake.

"It's about balance, variety and moderation," Cavato said. "Cutting certain foods out of your diet forever, like cheese or chocolate, is unhealthy."

Instead, someone with an eating disorder can improve their diet through counseling, learning more about what's not "normal" and what is health and support from friends and family members.

"If you have anxiety about continuing the steps to help an eating disorder, you can stop and wait.

Just don't go backwards with your recovery," Cavato said. "Take the next step to recovery when you feel comfortable."

The role of a counselor was also defined. The first step is admitting of the disorder and then finding on or off-campus help, according to the panel.

"I used to tell myself that this is normal, everyone does this," Klemt said. "I thought I would only see my counselor once or twice, but I still see her every other week almost six months later."

Klemt hopes she can inspire others to find help.

"Realizing that this [eating disorder] wasn't normal behavior was the first step," Klemt said.

Cavato also added that to help a friend or peer with an eating disorder, be honest and talk openly about your concerns, be caring, but firm, and know the differences between facts and myths about weight, nutrition, and exercise.

Margolis emphasized the complications of the road to recovery.

"I wish it was as simple as package and I could hand it to you," Margolis said.

There are a number of on-campus programs for any students experiencing these symptoms.

On campus, the Varner House is available for counseling for eating disorders, depression, and much more. Also, H.O.P.E. is also an on-campus multidisciplinary support for students struggling with disordered eating and exercise behavior.

CONTACT Elizabeth Dsurney
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DUI | 'I relive the worst night of my life over and over so nobody else ever has to relive this'

from front

only survivors.

All five in the car were thrown from the vehicle during the crash. Two of Sterner's friends were killed on impact, while the third was crushed by the car. Sterner himself was thrown into the woods on the other side of the street.

Sterner was taken to the hospital and charged with three counts of felony DUI manslaughter, charges that had a maximum sentence of 45 years. He was sentenced to three years in a Florida maximum security prison.

"It puts perspective into what kind of things could happen. You hear stories all the time but you don't know what could happen. I know what it means to lose someone close – you don't ever think about it happening to you. I think it hit home with everyone."

Coryn Coccozza
sophomore media arts and design major

"I wasn't the first person in my family to graduate from college anymore," Sterner said. "I was the first person in my family to go to prison."

Sterner played a video of him and his friends pregameing in their hotel and driving to a bar, followed by footage of his friends dancing and drinking more alcohol. The video turned into a slideshow of graphic photos of the wreckage.

"I think back to how much fun that night was and how the antics made me laugh," Sterner said. "Those stories don't make me laugh

anymore."

Darren, the only other survivor of the crash, hasn't talked to Sterner since the crash. He said Darren refuses to speak with him.

Sterner asked the audience to think of the three most important people in their lives, then imagine waking up the next day and finding out they had died. Students started to cry as he asked them to imagine if they had caused the death.

"It puts perspective into what kind of things could happen," said Coryn Coccozza, a sophomore media arts and design major. "You hear stories all the time but you don't know what could happen. I know what it means to lose someone close — you don't ever think about it happening to you. I think it hit home with everyone."

Coccozza said she has been encouraged her to be more cautious over spring break. She remarked that people often drink on spring break, but now she is re-evaluating her plans.

One student told the story of when she had received a call saying that her mother was killed by a drunk driver. She broke down into tears and had to stop telling her story.

"It definitely affects people," said Caitlin Baker, a senior psychology major. "His story is just amazing. To see everyone's reactions to the speaker is just amazing it was clear that we got the message."

Hailey Gossel, a junior communication sciences and disorders major, explained that G.A.M.M.A. wanted to bring Sterner to speak before JMU's spring break. They wanted students to realize what could happen if they make bad choices and hopefully get them thinking.

"I didn't come here tonight to preach," Sterner said. "This could happen to anyone. I want people to think twice about what they do. I relive the worst night of my life over and over so nobody else ever has to relive this."

CONTACT Eric Graves at breezenews@gmail.com.

BUS | First episode of 'First Ladies' series premiered Monday night

from page A3

walking to Carrier and took a detour to see the bus. Chaganti took the quiz on one of the Mac computers.

"I'm loving it, I'm a poli-sci major, so this is my thing," Chaganti said. "[My friend and I] have been taking these quizzes for awhile now. I am trying to get them all right."

Although not every student at the bus watches one of the three C-SPAN networks, most students in the bus enjoyed seeing the tour bus.

"I think it's really cool, introducing students to national topics they might not be in touch with normally,"

Chaganti said.

The C-SPAN bus was bought in 2009 as part of the presidential election general tour across America. Its first visit to JMU was in 2010.

"We do a variety of outreach, including getting young voters, first-time voters, to be involved and educated about the election," said Chris DeManche, marketing representative for C-SPAN.

History professor Sidney Bland had a special interest in the tour because of his area of study and a colleague associated with the series.

"I teach history, partly including the roles of first ladies," Bland said. "I have

worked with Edith Mayo [a series adviser] on work involving the history of first ladies."

Bland caught the first episode of "First Ladies" on C-SPAN on Monday night and will be watching more of the series each week.

Peabody Award-winning C-SPAN feature producer Mark Farkas is working on season one of the series, which features Martha Washington through Ida McKinley. Season two features Edith Roosevelt to Michelle Obama, and will debut September 2013 and continues until February 2014.

CONTACT Anne Elsea at elseaav@dukes.jmu.edu.

KEYSTONE | Motivates EARTH

from front

national concern. Obama rejected the Keystone expansion pipeline, known as Keystone XL, in January 2012. On March 22, 2012, Obama endorsed the building of the southern half of the pipeline in Oklahoma.

Concern over toxic oil spills and polluted water over the span of six states brought 11 JMU students to the rally in D.C. on a cold February day. Most members from JMU were part of EARTH club, including Sierra McAliney, sophomore communication studies major.

Melissa Griffin, a sophomore interdisciplinary liberal studies major, got a chance to talk to some other rally participants after the different speakers finished.

"I talked to a couple of ladies who had similar views. One of them was talking about her

work with stopping the pipeline from going through her [Native American] land," Griffin said. "It's not fair that we are going onto their land and not honoring their treaties."

The rally started with Native Americans, financial investors, Canadian citizens and Sierra Club, a grassroots environmental organization, representatives speaking to the crowd on the National Mall. Native Americans from western tribes were dressed in traditional clothing while they described how the Keystone pipe building cut through their land.

"One of the Native American speakers was very influential for me," said sophomore psychology major Alex Simonian. "She spoke about the earth's resources and humans relationship to the earth. She seemed really passionate about it."

McAliney felt moved by the speakers talking about what they have witnessed around the pipeline.

"Proof and studies say [Keystone pipeline] is ruining the water in the area and creating illness in the community," McAliney said.

A study released last summer by John Stansbury professor of civil engineering at the University of Nebraska-Lincoln, found that TransCanada, the company building the pipeline, made "flawed and inappropriate assumptions about the frequency and severity of expected spills from its pipelines," said Stansbury, author of the analysis.

Two of the biggest issues the rally focused on are the risk of oil spills and the extraction of petroleum from the tar sands of the Midwest that will create more greenhouse emissions than conventional production does, according to *The New York Times*.

After the speakers, the crowd marched around the White House while chanting slogans like, "Hey, Obama, we don't need no climate drama!" according to McAliney.

While the group was walking together, people were sharing ideas and talking with each other.

"It was kind of amazing to have everyone speaking," Griffin said. "I thought [the mood] would be a little bit more frustrated. But anyone would talk to anyone about what they were supporting. Everyone was taking pictures of their posters, about what specifically we were talking about. Everyone was very for climate change."

EARTH club has no plans to continue protesting in Harrisonburg, but with Earth Day coming up in late March, the club wants to build off the energy of the rally.

"Everyone was pumped up about doing more with the club," Griffin said. "We will be reflecting on our experiences and how we can bring awareness and education about the issues to JMU."

CONTACT Anne Elsea at elseaav@dukes.jmu.edu.

CRASH | Had no electronics involved

from front

Holland was jaywalking as he was using the crosswalk and appeared to have been abiding by the traffic signals.

The responsibility fell on Simmons, Knott said, since Holland had the right of way.

Knott advised both students and drivers to be more vigilant in order to avoid accidents. Many times, Knott said accidents involve drivers and/or pedestrians who are texting or listening to their iPods rather

than paying attention to their environment.

It doesn't appear that either Holland or Simmons were distracted by electronic devices at the time of the accident, Knott said.

"Many times that's what we find — it's distracted walking and it's distracted driving," Knott said. "Pay attention to your environment, obey traffic rules and avoid texting and driving."

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CAROLINE KELLY |piece of mind

Seeking a legacy for the end of the world

In the aftermath of the recent asteroid flyby, we have to wonder what would happen if one actually hit

What would you do if you knew there was a massive asteroid hurtling on a collision course



toward us? Though it's mostly considered fodder for dramatic movies these days, it happened just last week, when a 150-

foot long asteroid brushed past Earth.

Well, all right, when I say "brushed" I mean, "passed within 17,150 miles of Earth," but that's incredibly close in an astronomic sense. We have communications and weather satellites that don't come that close. It's the closest known flyby for something of that size. Had it hit, it would have done so with the force of 2.4 million tons of TNT, enough to wipe out 750 square miles — or an area about three times the size of Texas.

It's not the only one, either. Rusty Schweickart, chairman emeritus of the B612 Foundation, which is committed to protecting Earth from stellar missiles, says there are half-a-million-to-a-million sizable asteroids or comets drifting near enough to earth to be a threat.

If it makes you feel any better, NASA says this is a very rare event, with the likelihood of a strike only about every 1200 years. Rather, take it as an invitation to reflect. What would Earth be like in the instance of a cataclysmic meteor strike wiping us all out? What sort of legacy would we leave behind?

We humans have an obsession with making our mark. From the Great Wall of China to the Empire State Building, we create things that shout into the darkness: We are here, we are important, we are alive. At the same time, we recognize the temporary nature of everything we create.

The image of a post-apocalyptic world is one that writers have revisited time and again, populating it with a few stubborn survivors and their wits. In all likelihood, an event that wipes out humanity is far more likely to leave the Earth to hardier species. Rats and roaches can survive even nuclear blasts, some bacteria are even more resilient and there's a small water-dwelling organism called the waterbear that can even survive in the vacuum of space. In the case of our extinction, the meek will indeed inherit the Earth. But what kind of Earth will they inherit?

We've messed the place up. Greenhouse gasses, air and water pollution, strip mining, deforestation — we've made efforts to try and clean it up, but part of what perpetrates that mess is our continued efforts.

The thing about the Earth, though, is that it's resilient. Even Chernobyl, the site of one of the worst nuclear disasters in history, is now home to wild boar, elk and foxes living where humans used to a mere 27 years ago. We haven't managed to cause nearly as much destruction as the asteroid that wiped out the dinosaurs millions of years ago. Give or take a few millennia (barely any time at all in a cosmic sense) and there won't be



COURTESY OF MCT CAMPUS

Scientists created a projection of the size and impact of the meteor that is thought to have struck 250 million years ago, wiping out most species on Earth.

any remnants of what we've done.

The things we've made will be gone as well. Buildings will crumble, monuments will be buried — even what we've put into space, satellites and space stations, will eventually crumble and drift away or fall out of orbit and burn up in atmosphere. Nothing material lasts. Nature will creep back into the remains of our cities, as it always does.

So where does that leave us? What impact does the human race leave if we vanish without a trace? Not a material impact, but a spiritual one. Whether you believe in God,

Goddess, gods, a universal good, or nothing at all, we all believe that there are things with inherent merit. A good meal, a beautiful work of art, an act of kindness — these are the things our legacy will be measured in. Even if we, and everything we've created, are destroyed without a trace, an act of good improves the universe imperceptibly. What we've done will speak volumes more than what we've built ever will.

Caroline Kelly is a senior English major. Contact Caroline at kellyce@dukes.jmu.edu.

SCOTT JOHNSON |contributing columnist

Film provides silver lining for psychological disorders

'Silver Linings Playbook' paints an accurate picture of the depth and struggle of mental illness

Over the weekend, it finally became clear why there is so much buzz and critical acclaim surrounding the film "Silver Linings Playbook." The way it's advertised is quite a mystery, but from first-hand experience, I can say that it will successfully change your opinion of psychological disorders.

I know people with mental disorders; I sometimes question if I have one myself (in all seriousness). What makes this movie so refreshing is that it takes a very even-handed approach to the complicated world of mental illness.

Bradley Cooper has been staying in a mental health facility for eight months, convinced he is completely cured without the need for medication. What makes the film

clever and realistic is that you see how he responds to other people before we learn the truth about his history with bipolar disorder. His mood swings, confrontational attitude and compulsive nature are all qualities you can see in everyday people.

Other films and television shows tend to dance around the idea of people having mental illnesses or disabilities. Characters on programs like "Criminal Minds" or "The Big Bang Theory" are portrayed in a quirky or obsessive way, when most analysts will say they are obvious candidates for Asperger's syndrome. "The Big C" portrays its hyper-environmentalist character, Sean Tolkey, as an eccentric nut job until the second season when they

casually mention he doesn't take his bipolar medication.

Conversely, the reality is that many people subscribe to the customary belief that, if you have a serious mental affliction, it makes you flat-out insane. It's a common occurrence for people to connect someone suffering from a mental disorder to criminals such as Adam Lanza and James Holmes. Not only is it a gross oversimplification, but like any diagnosis, there are a lot of outside factors to consider when you look at someone's psychological health with their current environment, friends and family.

What you come to appreciate from "Silver Linings Playbook" is that it doesn't try to make Bradley Cooper's character the victim

and it doesn't oversimplify his condition either. In fact, he learns to change by coping with his issues and understanding his delusional thoughts.

You simply cannot see the symptoms from across the room or cure them with a snap for your fingers. That's why I implore anyone to see "Silver Linings Playbook." Even if you love the movie or feel confused because of it's divisive subject, I believe anyone with an open mind will come to treat those with mental disabilities with a greater level of respect.

Scott Johnson is a senior writing, rhetoric and technical communication major. Contact Scott at johnsosp@dukes.jmu.edu.

DARTS & PATS

Darts & Pats are anonymously submitted and printed on a space-available basis. Submissions creatively depict a given situation, person or event and do not necessarily reflect the truth. Submit Darts & Pats at breezejmu.org

A "don't-back-that-up" dart to the rude guy on the bus who put his bookbag in my face.

From an innocent commuter who just wants some face space instead of being smothered by your Jansport.

A "do-you-not-know-how-to-read-good?" dart to the Alpha Phi girls who talked incessantly in the quiet section of the library.

From someone who wanted to yell, "I can still hear you!" but didn't want to be as rude as you.

A "suits-and-ties-forever" pat to the InterVarsity dance party on Friday.

From a Justin Timberlake

fan who knows the city slickers totally won that competition.

A "how-helpful" dart to JMU for its "friendly" reminder that parking spaces would be limited on Monday because of CHOICES.

From a Duke who almost forgot that her six years of loyalty means nothing in the face of new tuition.

A "let's-get-it-started-in-here" pat to the friends who helped jumpstart my car even though it was very late and very cold outside.

From a woman whose little Chevy is nearing its end and appreciates your kindness.

A "don't-insult-the-poetry-that-is-'Lovin'-Touchin'-Squeezin'" dart to my friends for making fun of my taste in music.

From a junior who isn't interested in all of that folk crap.

A "wait-your-turn" dart to the jackass who cut in line at UREC.

From a stressed-out woman who may snap at any given moment and bust your face if you try it again.

A "don't-be-so-cynical" dart to Monday's opinion columnist who suggested majoring in writing, rhetoric and technical communication was akin to unemployment.

From a 2012 WRTC alumna who graduated with an exciting job in a field she loves.

A "thanks-for-false-hopes" dart to Truvia for its misleading advertisement.

From a student who just wants something good in her body and

not genetically modified sugar crap.

An "it's-about-time" dart to Mississippi for finally ratifying the 13th amendment.

From a not-so-proud-anymore American.

A "good-form" pat to G.A.M.M.A. and Mark Sterner for putting on an excellent presentation.

From a future spring breaker who will think twice when going out.

A "this-is-not-f---ing-awesome" dart to UPB for choosing a one-hit wonder over the Goo Goo Dolls.

From a senior who would rather hear a variety of good songs than "Thrift Shop" over and over again.

A "well-well-well-look-what-we-have-here" dart to my nemesis from middle school.

From your GCOM partner who is going to have fun with this project.

KEVIN O'CONNOR

contributing columnist

No hope for liberal pope

After the surprising announcement of Pope Benedict XVI's resignation on Feb. 11, some people are looking for change in the Catholic Church with the impending election of a new pope.

In her opinion article in *The Breeze* from Feb. 14, Jessica Williams suggests that the election of the new Pope can and should bring new changes to the Catholic Church, particularly regarding its teaching on homosexuality. This simply will not be the case.

The Catholic Church is concerned with truth, not pandering to public opinion. Politicians may be concerned with public opinion polls when deciding policy platforms; but the Pope and hierarchy of the Catholic Church are not when discerning the will of God. The Catholic Church is less concerned with "looking good" and much more concerned with faithfully leading 1.2 billion members according to the truth of the Gospel.

The truth does not change over time. The undeniable shift in society toward accepting homosexual activities does not mean that the acts are morally right or just. Social change doesn't govern the Catholic Church; indeed, the Church is often directly opposed to the "social norm."

Rather than changing with the times, the Catholic Church fulfills Hebrews 13:8: "Jesus Christ is the same yesterday and today and forever," as she consistently proclaims the truth of the Gospel over two millennia.

The Catholic Church teaches that sexual intimacy is meant to be exclusively between a man and woman in marriage while being open to new life. That is why it opposes anything that goes against these teachings, such as homosexuality, contraception and fornication. The Church will continue to uphold this sacred doctrine, refusing to oblige social change.

The catechism of the Catholic Church teaches that homosexual acts cannot be approved under any circumstances, yet insists that homosexuals "be accepted with respect, compassion and sensitivity. Every sign of unjust discrimination in their regard should be avoided." It accepts and embraces homosexuals, but calls them to live a life of chastity and service to God. Rather than limiting their rights, the Church strives to help free them from sin and inspires them to walk with Christ.

American Cardinal Timothy Dolan, while unlikely to win, is a strong candidate to the papacy for multiple reasons. As Williams pointed out, he is outgoing and evokes memories of Pope John Paul II's lively relationship with the media. In a 2011 radio interview with Fredric Dicker, a longtime columnist for the *New York Post*, Cardinal Dolan confirmed his solid following of the Church by declaring homosexuality to be "a violation of what we consider the natural law that's embedded in every man and woman." Cardinal Dolan, like every other candidate for the papacy, will not even consider changing the Church's teaching on homosexuality.

Catholics across the world firmly believe in the Church's authority and its interpretation of homosexuality. Williams' article suggests that there's a push among lay Catholics to change this teaching, but that isn't so. Lay Catholics, united under the hierarchy of the Church, support and live out the teachings of the Pope and College of Cardinals.

Whoever the Papal Conclave elects through the Holy Spirit next month, it can be assured that the new Pope will continue to uphold the moral teachings of the Catholic Church so that people around the world can continue to look to the Church as the pillar of truth in a turbulent society.

Kevin O'Connor is a freshman finance major. Contact Kevin at oconokt@dukes.jmu.edu.

Editorial Policies

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Letters and guest columns should be submitted in print or via e-mail and must include name, phone number, major/year if author is a current student (or year of graduation), professional title (if applicable) and place of residence if author is not a JMU student.

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GEORGE KIMBRELL and DEBBIE BARKER | Los Angeles Times

Monsanto’s struggle, the court and the seeds of dissent

On Tuesday, attorneys for the largest agrochemical corporation in the world, Monsanto, presented arguments before the Supreme Court asserting the company’s rights to the generations of seeds that naturally reproduce from its genetically modified strains.

Bowman v. Monsanto Co. will be decided based on the court’s interpretation of a complex web of seed and plant patent law, but the case also reflects something much more basic: Should anyone, or any corporation, control a product of life?

The journey of a 75-year-old Indiana farmer to the highest court in the country began rather uneventfully. Vernon Hugh Bowman purchased an undifferentiated mix of soybean seeds from

a grain elevator, planted the seeds and then saved seed from the resulting harvest to plant another crop. Finding that Bowman’s crops were largely the progeny of its genetically engineered proprietary soybean seed, Monsanto sued the farmer for patent infringement.

The case is a remarkable reflection on recent fundamental changes in farming. In the 200-plus years since the founding of this country, and for millennia before that, seeds have been part of the public domain available for farmers to exchange, save, modify through plant breeding and replant.

But today this history of seeds is seemingly forgotten in light of a patent system that, since the mid-1980s, has

allowed corporations to own products of life.

One of Monsanto’s arguments is that when farmers save seed from a crop grown from patented seed and then use that seed for another crop, they are illegally replicating, or “making,” Monsanto’s proprietary seeds instead of legally “using” the seeds by planting them only one time and purchasing more seeds for each subsequent planting.

This logic is troubling to many who point out that it is the nature of seeds and all living things, whether patented or not, to replicate.

Although Monsanto and other agrochemical companies assert that they need the current patent system to invent better seeds, the counterargument is that

splicing an already existing gene or other DNA into a plant and thereby transferring a new trait to that plant is not a novel invention. A soybean, for example, has more than 46,000 genes. Properties of these genes are the product of centuries of plant breeding and should not, many argue, become the product of a corporation. Instead, these genes should remain in the public domain.

The seed industry also claims that if patents are made narrower in scope, innovation, such as devising environmentally sustainable ways to farm, would be stifled. However, evidence casts doubt on the prevalent assumption that positive environmental impacts have resulted from their seed technologies.

In January, Farm Industry News reported that the area of U.S. cropland infested with glyphosate-resistant weeds expanded to 61.2 million acres in 2012. These “super weeds” are gaining momentum, increasing 25 percent in 2011 and 51 percent in 2012.

In response, farmers resort to more soil-eroding tillage operations to combat the weeds, and they turn to more toxic chemicals. Based on data from the USDA, as much as 26 percent more pesticides per acre were used on genetically engineered crops than on conventional crops.

Our organizations interviewed hundreds of farmers across the nation for a recent report, “Seed Giants v. U.S. Farmers.” They explained that the high

adoption rate of genetically engineered seed is largely because the companies have stopped offering conventional seed. One way to recoup the high investment that Monsanto and others say is spent on genetic engineering is to ensure that farmers have few other purchasing options.

When arguments from both sides have been presented, the Supreme Court justices will have to thoroughly consider the many complexities of patent law as it pertains to self-replicating organisms. But taking a few steps back from the microscope and the lawbooks, they may find that there is a discussion to be had about a much deeper question: the appropriate role of ownership and control over the very elements of life.

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DAYTON DUNCAN | Los Angeles Times

Pinnacles park is a good start

Obama takes a page from Roosevelt, saves land instead of abusing it

Up on Mount Rushmore, Theodore Roosevelt is smiling: America has a new national park. With its formal elevation from a national monument this week, Pinnacles National Park in California becomes the 59th in a string of magnificent landscapes that we the people have preserved for everyone and for all time. "It's about time," Roosevelt would say.

When President Obama signed the legislation in January creating the new park, he ended a 10-year drought in congressional participation in what is considered "America's best idea." And he was linking himself with Roosevelt, the greatest conservation president in our history. Roosevelt was familiar with congressional foot-dragging when protecting America's public lands was at stake. In 1903, during his first visit to the Grand Canyon, he advised the people of Arizona: "Leave it as it is. The ages have been at work on it, and man can only mar it." No one listened.

For 20 years, people such as John Muir, a nineteenth century environmental activist, had been calling for the canyon to be designated a national park, and for 20 years Congress had refused because of lobbying by special interests more interested in the canyon's commercial and industrial potential.

With Roosevelt joining the effort for park status, you'd think that would have tipped the scale. Here was one of the great natural wonders of Earth as self-evident a national park as they come and a vigorous president calling for its preservation. Congress still wouldn't move. Fortunately for us all, Roosevelt didn't give up.

When President Obama signed the legislation in January creating the new park, he ended a 10-year drought in congressional participation in what is considered 'America's best idea.'

He looked at a 1906 law called the Antiquities Act, meant originally as a way to save prehistoric cliff dwellings in the Southwest from vandalism, and turned it into an invaluable tool for conservation. The act provided presidents with the authority to sign executive orders designating special places not as national parks but as national monuments.

In January 1908, Roosevelt exercised that authority and with a stroke of his pen created Grand Canyon National Monument, placing 806,400 acres out of reach from being despoiled. Days later, he also used the Antiquities Act to create the much smaller Pinnacles National Monument. And before his presidency was over, he would create 18 national monuments, many of which, like Grand Canyon and now Pinnacles, eventually were designated by Congress as national parks.

Under Roosevelt's leadership, nearly 180 million acres of federal land an area larger than the state of Texas would be placed under one kind of conservation protection or another: 51 federal bird sanctuaries, four

national game refuges, five national parks, 100 million acres worth of national forests and those 18 national monuments. That's one way to get on Mount Rushmore.

A hundred years later, Obama has so far permanently protected 2.6 million acres, a small portion of it by creating four new national monuments through use of the Antiquities Act. (For the sake of comparison, George W. Bush set aside 3.8 million acres; Bill Clinton, 26.9 million; George H.W. Bush, 17.8 million; and Ronald Reagan, 12.5 million.) It's a start, but there are still millions of acres across the nation that need to be preserved for posterity.

Facing a Congress indifferent at best to conservation with a House majority absolutely hostile to it, here's hoping the president makes the connection to Roosevelt even stronger than their joint signatures on what is now Pinnacles National Park.

If Congress is interested only in exploiting the commercial and energy possibilities of the lands we all own, the president has a way to make sure a better balance is achieved, perhaps in the "One-to-One" proposal recently made by former Interior Secretary Bruce Babbitt: For every acre of land leased to the oil and gas industry during the next four years, one acre must be permanently protected for future generations.

There's plenty of ink left in the Antiquities Act pen in the Oval Office. "We are not building this country of ours for a day," Roosevelt reminded us. "It is to last through the ages."

Dare to Doodle



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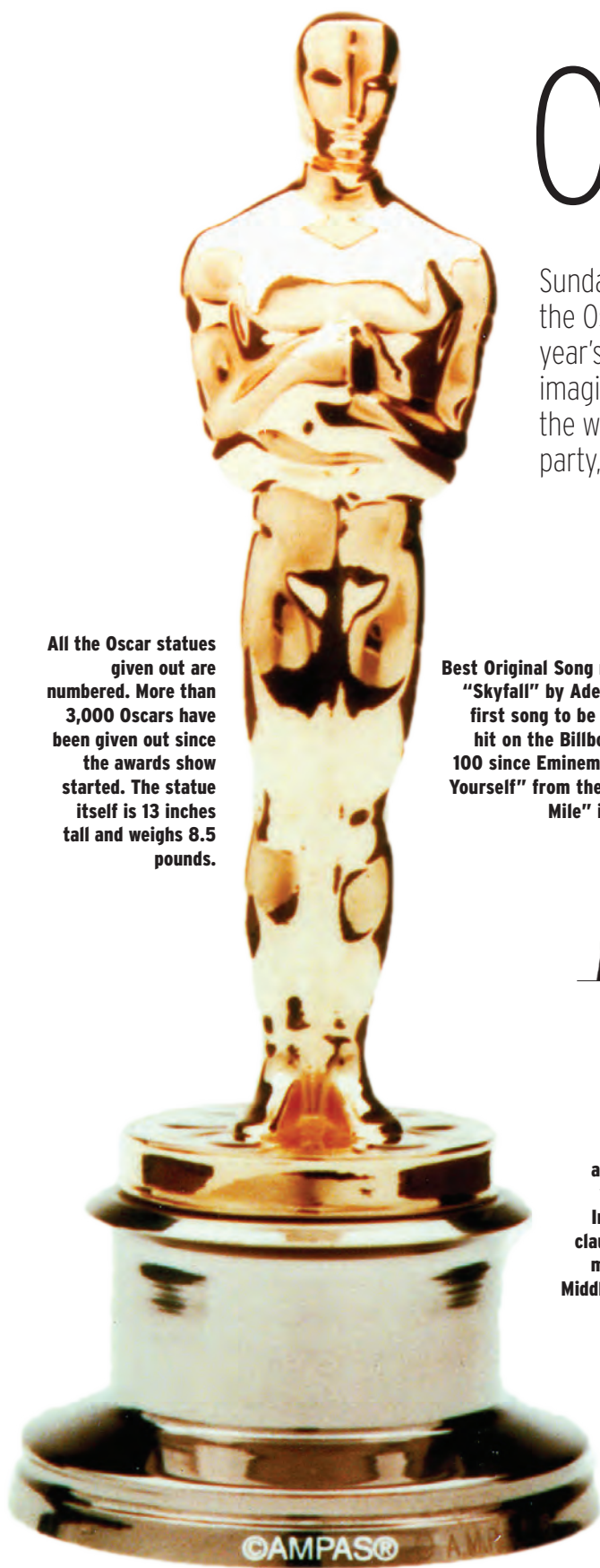
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OSCARS INSIDER

Sunday is the day cinephiles have been waiting for: the 85th annual Academy Awards, or the Oscars. It's more than the average glitzy awards show: It's a celebration of the past year's achievements in filmmaking. This was a banner year for film that stretched the visual imagination by taking audiences undercover in the Middle East to post-revolution France to the wild Southwest. Whether you're an enthusiast or just want to sound clever at your Oscar party, here are some under-the-radar facts about the Oscars and this year's nominees.



All the Oscar statues given out are numbered. More than 3,000 Oscars have been given out since the awards show started. The statue itself is 13 inches tall and weighs 8.5 pounds.

Best Original Song nominee "Skyfall" by Adele is the first song to be a top 10 hit on the Billboard Hot 100 since Eminem's "Lose Yourself" from the film "8 Mile" in 2003.



Quvenzhané Wallis is the youngest actress to be nominated for Best Actress at age 9. She was only 6 years old during filming of "Beasts of the Southern Wild." The youngest actor to be nominated in any acting category was Justin Henry, 8, for "Kramer vs. Kramer."



"Les Misérables" is the first musical to be nominated for the Best Picture Oscar since "Chicago" in 2002. If Hugh Jackman wins the Best Actor Oscar for "Les Mis," it would be the first win for a Best Actor nominee for a musical film since "My Fair Lady" in 1964.

"Argo" director Ben Affleck made the six actors who portrayed trapped U.S. embassy workers actually live together without any Internet or air conditioning for the sense of claustrophobia to be real. The fake film in the movie that's used as a cover to get into the Middle East was based on a real novel, "Lord of Light," written by Roger Zelazny in 1967.



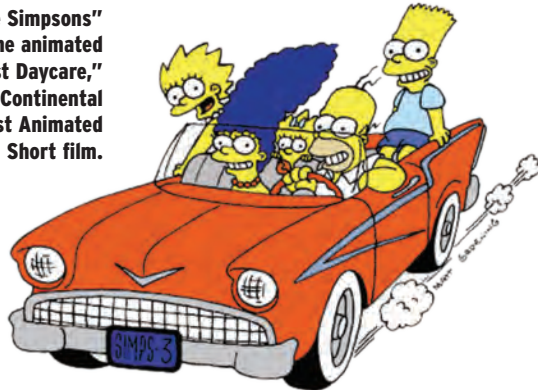
Out of the 20 acting nominees, four of them are first-timers and nine of them are previous winners. All of the Best Supporting Actor nominees are previous winners. Jessica Chastain, the only one who was also nominated last year, was nominated for Best Supporting Actress for "The Help."



In "Silver Linings Playbook," Bradley Cooper and Jennifer Lawrence have a fight outside of a movie theatre, but if you look closely at the marquee, the movie playing is "Midnight Meat Train," the 2008 critically and commercially dismal horror film that had starred Cooper.



Believe it or not, "The Simpsons" are Oscar nominees. The animated short film "The Longest Daycare," shown before "Ice Age Continental Drift," is up for Best Animated Short film.



COURTESY OF MCT CAMPUS

VIDEO GAME REVIEW

'Metal Gear Rising' towers above

By **JEFF WADE**
The Breeze

"Metal Gear Rising: Revengeance" might be the best thing to happen to slicing and dicing since the Slap Chop.

First announced in 2009, "Rising" went through several rounds of discarded development internally at franchise heads Kojima Productions, never to satisfactory results. On the verge of cancellation, the publisher contracted completion of the game to action-game maestros Platinum Games. While the arranged marriage of Platinum and "Metal Gear" is partially one of convenience, there's still plenty of spark.

Thankfully, "Rising" is an action game worth of both the series' and its developer's pedigree. Considering the relative obscurity of the studio's other gems ("Bayonetta," "Vanquish"), "Rising" looks to be the mainstream's big exposure to the studio's gameplay first ethos.

The result is the first "Metal Gear" game that puts its gameplay at the forefront. The prolonged cut-scenes that shift between profound and pondering are largely pushed aside, as players are put into the robotic high heels of the cyborg-ninja version of Raiden introduced in "Metal Gear Solid 4." There's a little bit of story, mostly revolved around Raiden getting the nonsense titular word on the Desperado PMC, but that's really secondary. Again, perspective here, we're talking about a cyborg-ninja.

Metal Gear Rising: Revengeance

★★★★☆

Rated 'M' for mature
Platforms: PlayStation 3, Xbox 360

Platinum's games give you the precision and control to make it seem like you are directing an action movie on-the-fly, and "Rising" is no different. You've got light and heavy attacks that you mix in various ways, along with a special ninja run that can be used to stop pesky bullets. Tellingly, there is no block — only the ability to parry by deflecting attacks at the right time. The best defense is a good offense after all.

The most cutting-edge innovation in "Rising" is its Blade Mode, which slows down time and lets players directly control the angle of Raiden's sword. You can target limbs for strategic advantage, grab health from enemies or just practice your butterfly cuts. Just remember to slice with the grain.

The studio's genius is in the way that this all comes together. There's a fluidity and depth to the combat system that creates a rhythm and flow to every fight. Mashing buttons will let you survive, but there needs to be a method to your madness. There's a deliberateness to everything in the game, nowhere more so than in the game's outstanding boss fights. The level of overall control shows players what being a cyborg-ninja would

feel like.

"Rising" isn't for the lactose intolerant, though. Action-movie friendly one-liners abound, and key fights are matched with gleefully silly backing vocals that kick in during climactic moments. And the game lives up to series tradition — bringing the "Metal Gear" crazy in the last hour with one of the most gloriously, head scratching and bizarre sequences that is probably worth the price of admission all by itself.

The few imperfections in "Rising" seem rooted in the game's troubled history. There are technical hiccups, mostly when you've made too many cube steak pieces of enemies, and for a studio that prides itself on technical fluidity, the occasional drop in frame rate is disappointing.

The pacing also seems a little off, as areas and some encounters are repeated, which feels a tad like padding. "Rising" is about seven hours long, but its length is bolstered by tons of options — ranging from new weapons to higher difficulties — that effectively make it a new game.

"Rising" is a standout, a shot in the arm for the "Metal Gear" franchise and a rightful spotlight on Platinum's razor sharp sensibilities. It's simultaneously a great entry point for newcomers to this genre while having the depth that regulars expect from Platinum. In a year poised to see several games of its ilk, Platinum shines the brightest.

CONTACT Jeff Wade at breezejmu@gmail.com.

Sex, Forbes and rock 'n' roll



COURTESY OF RICHARD FINKELSTEIN

"Spring Awakening" explores sexuality and other provocative topics through music.

The JMU theater department has turned sexual abuse and the pitfalls of adolescence into a spectacular but relatable production.

"Spring Awakening" is a rock musical based on a controversial German play of the same name. The play was banned in Germany because of its frank portrayal of abortion, rape, child abuse, homosexuality and suicide. The musical adaptation by Duncan Sheik and Steven Slater features these taboo topics — especially the sex.

"I've never seen a musical that has elements like that," said Kelly Rudolph, a sophomore theater and dance major who attended Tuesday's opening. "It's very relatable because a lot of the characters either succumb to that shock or they move beyond it."

The characters also show their frustration, confusion and anger about sex through song. "The Dark I Know Well," performed by junior Candice Shedd-Thompson, reveals her character Martha's abuse from her father.

Sophomore Courtney Jamison, a theater and dance major who plays Wendla Bergman, expresses her conflicting emotions about going through puberty in "Mother Who Bore Me."

"The biggest challenge was trying to figure out the voice for her and figuring out in myself where I can find the quality and tone of what Wendla is feeling emotionally," Jamison said.

The character Moritz Stiefel, played by junior Sean Grady, was sophomore Seattle Heiman's favorite character.

because he has gone through the same situations, like doing badly in school and disappointing your parents," Heiman said.

"Spring Awakening" runs through Sunday in the Forbes Center for the Performing Arts Mainstage Theatre at 8 p.m. with matinees on Saturday at 3 p.m. and Sunday at 2 p.m. Tickets are \$13 with a JACard.

— staff report

EMILY WINTERS | foodie on a dime

An unconscious problem

A look at some of the ‘quieter’ eating disorders that you may be doing yourself without realizing it

When we think of eating disorders, anorexia and bulimia immediately come to mind. As a part of Eating Disorders Awareness month, I want to bring your attention to overlooked eating problems — that negative “fat talk” we all hear on a daily basis, and how that transforms itself into an unhealthy relationship with food and nutrition.

Fat talk
Whether it’s telling a friend she looks really good since she’s lost weight, insinuating that before she lost the weight she wasn’t looking so great, or berating yourself for that ice cream cone from Kline’s, thinking this way is bringing us down psychologically. How you think of yourself translates into many other aspects of your health, from stress, to restful sleep to your ability to concentrate on schoolwork. Maybe you are withering away and losing weight, but this is only hurting your body in the long run. You have to give the body the nutrients it needs to live a truly happy lifestyle. And erasing fat talk is one step in this direction.

Disordered eating
For those who don’t have an eating disorder, you’ve probably participated in disordered eating. An example of this is when you have a bag of chips instead of fruit or a salad for lunch, and you immediately feel a wave of guilt. Being a healthy eater doesn’t mean never eating something that’s bad for you. As long as you do everything in moderation, that bag of chips isn’t going to make a difference.

Calorie counting
Constantly obsessing over how many calories you’re taking in adds stress to your daily routine. This stress can actually lead to weight gain, as your body releases more of the stress hormone cortisol. If you follow a well-rounded diet, with the focus on nutrition-packed food instead of calorie count, you’ll become healthier and happier naturally, without restricting your body of what it needs.

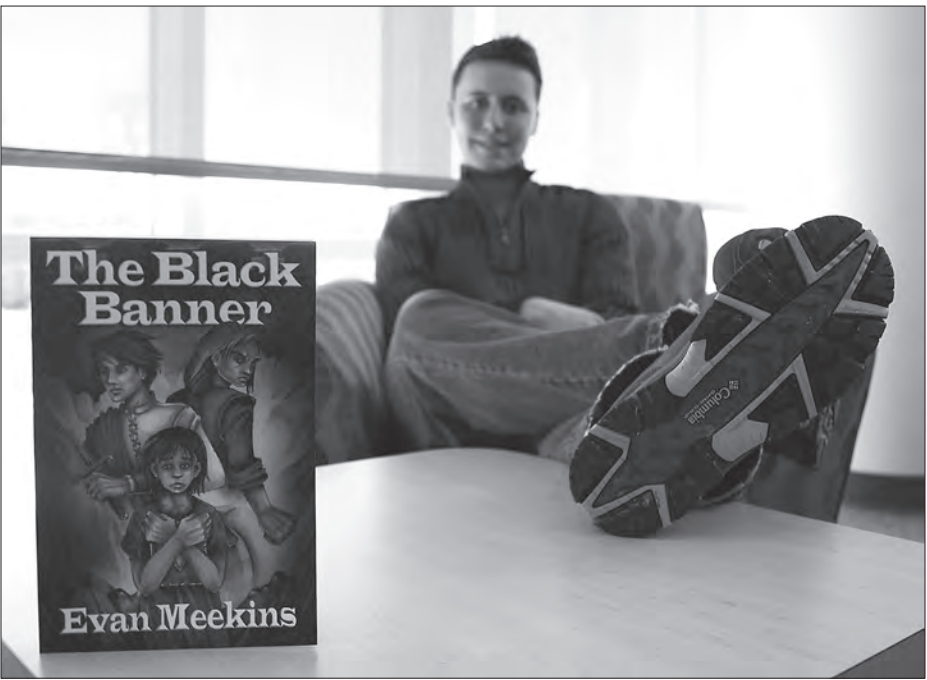
Low-calorie processed food
Those 100-calorie-pack snacks may seem like a good option for reaching your calorie goal for the day, but they actually lack nutrition and are filled with artificial, processed foods. In general, the less processed something is, the better it is for your body. For example, making

>> See Emily’s recipe for mini-quinoa pizzas at breezejmu.org.

yourself vegetables and brown rice for dinner would be better for you than a frozen dinner.
We all need to turn our attention away from others, whether it be our friends, people we pass on the street, or models, and instead turn toward ourselves. If we direct our attention inward and do what’s best for us as individuals, happiness will come from within. Changing your mindset from eating to lose weight to eating to be healthy is the first step of combating disordered eating.
The University Health Center’s Student Wellness and Outreach launched its “Absolute Value” campaign last year to promote this inward model of unconditional self love. Help Overcoming Problems with Eating & Exercise (HOPE), also offers counseling and support.

Emily Winters is a senior media arts and design and sociology double major. Contact Emily at winterer@dukes.jmu.edu.

NOVEL | Sets stage for sequels



LAUREN GORDON / THE BREEZE

Evan Meekins’ novel is available through Barnes and Nobles’ website and hits bookshelves in March.

from front

“Banner” in January 2012. His original manuscript consisted of 340 pages and was finished in two months. In the following months, Meekins contacted potential publishers for his work.
His mother found “Koehler Books” in the local newspaper, and they soon had scheduled an interview to set the groundwork for a potential contract. She had to accompany Meekins to the contract signing because he wasn’t a legal adult at the time.
Although a small Virginia Beach company, Koehler Books has connections to Morgan James and Ingram Book distributing in Nashville. John Koehler, founder and owner of Koehler books, had no doubts about publishing such a young author.

“Our goal is to publish works of art. It’s like being a gallery owner — you don’t put crap up [or] people are going to stop coming,” Koehler said. “He’s a very smart guy, a very meticulous writer. His work is off the charts; the complexity of his book is amazing.”
“The Black Banner” is an unusual choice for Koehler books, which specializes in “historical and Christian fiction.” But the increase in popularity of the fantasy genre has Koehler excited to start branching out into the growing trend.
“We’ve started to see more of that work coming in,” Koehler said. “We felt we need to start dealing with these works.”
Meekins’ work is very detailed, and the world he has created within “The Black Banner” will reportedly

host a number of sequels. Meekins himself likens his work to other modern pinacles of fantasy literature.
After signing the contract with Koehler books, the company’s editors spent two months perfecting the story, eventually producing a formal product of 48 chapters over 240 pages. From July until January 2013, the book was marketed to distributors.
His advice for any struggling writers at JMU is to find a topic you could write about indefinitely.
“Think about something that can inspire you. Just keep writing about it,” Meekins said. “You can always change it, tweak it, but as long as you keep on writing, it will become something.”

CONTACT Vanessa Webb and Mary Kate White at breezearts@gmail.com.

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FIELD OF DREAMS?



MATT SCHMACHTENBERG / THE BREEZE

Despite having more than 25 acres of outdoor space available, University Park is viewed as an inconvenience to get to by many JMU students.

JMU's newest recreational complex is going largely unnoticed despite its amenities

By GAVIN HOLDGRIEWE
The Breeze

University Park has been well-used by varsity, club and intramural athletes but isn't seeing the type of traffic University Recreation hoped for.

JMU spent \$37 million to build the 65-acre park — compared to \$62.5 million spent on the Bridgeforth Stadium upgrade or the \$80.7 million spent to construct the Forbes Center for the Performing Arts. All its funding came from student tuition. About 40 percent of the park functions as an extension of UREC available to all JMU students.

But while the park has received positive feedback, recreational use hasn't reached anticipated marks. Even students who do use the park for athletics aren't using it in their free time.

Claire Sibley, a junior on the women's club soccer team, uses it multiple times a week but only for practice and games. She said she "would rarely go" if not for practices and isn't too surprised that the park hasn't picked up steam yet.

"I think UPark is a great idea," Sibley said. "It's just unfortunate that it's not close enough for freshmen and people on campus to walk

to. And I know they have buses that go there but sometimes I feel like people don't want to spend the time to wait for a bus just to go play basketball, soccer or tennis."

University Recreation director Eric Nickel explained that University Park traffic could just take time to build up, but attendance numbers weren't available at the time of publication. According to Nickel, UREC didn't open to wide acclaim either, seeing about 2,000 students per day. Now, the University's Recreation Center sees more than 4,000 patrons a day.

The park is located about a mile away from campus and buses 6, 9 and 14 stop directly at the park while others stop nearby. While the buses aren't always convenient, Nickel says both university recreation and transportation have been tackling the issue.

"About a month after we opened, the city transit put a bus stop right at the front door," Nickel said. "Lee Eshelman, the head of JMU transportation, timed the pickups so that they're 15 minutes after the end of intramural games so that people can finish their intramural game and then have 15 minutes to collect their shoes and belongings and get outside."

University Recreation has been trying to make it as easy as possible to use the park.

U-Park rundown

- Cost \$37 million to build
- 65 acres total
- 25 acres of space for all students to use
- Features Bermuda grass stadium field for varsity sports
- Buses 6, 9 and 14 stop directly at the park

In addition to transportation, the process for getting into the park is the same as getting into UREC. Students go to the gatehouse in the central facility and swipe in with their JACard.

"There are many non-students living in University Fields and other apartments around there, so it was important to make sure it was just our students, because we paid for it with our students' fees," Nickel said.

In the park, students have access to a pavilion for cookouts, two sand volleyball courts, two basketball courts, four tennis courts and

see **PARK**, page B4

CHASE KIDDY

fanatic and proud

False legacy

Michael Jordan might be the greatest, but comparisons to James are unfounded

On my 21st birthday last February, my parents floated me enough money to have a nice steak and a beer at Dave's Taverna with a few friends. It was a nice, if understated, affair.

For Michael Jordan's 50th birthday, ESPN had seven days of career highlights and allusions, surpassing the All-Star weekend festivities that were going

on at the same time. They ran down the top 50 plays of Jordan's career on Sunday and even incidentally sparked a debate on whether Jordan would take Kobe Bryant or LeBron James as the heir to his mantle of greatest of all time.

I was born in 1991, the same year Jordan won his first championship. Even as a young child in rural West Virginia, I knew who Michael Jordan was. He is the most successfully marketed and well-known athlete of all time, particularly to those from my hero-worshipping, star-obsessed generation. He is probably the most recognizable icon of any '90s boy's childhood.

But aren't we taking this Michael Jordan thing a little too far?

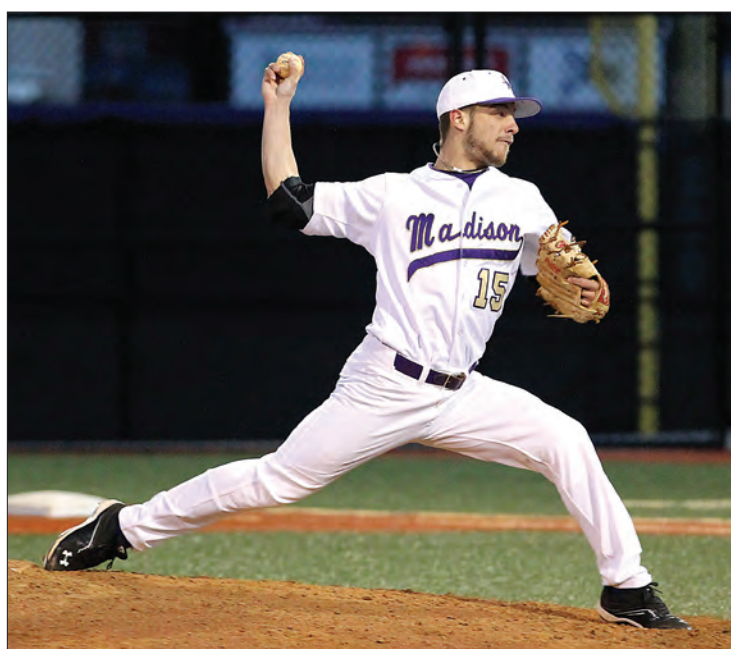
Jordan's position as "greatest basketball player of all time" has long been cemented in the court of public opinion. In fact, anyone that isn't willing to unequivocally accept Jordan as basketball god is almost immediately rebuffed as not knowing what they're talking about, or even worse, a Pistons fan.

The mythos of Jordan has grown to borderline obnoxious levels where nearly anyone will blindly defend his career. I will concede that Michael Jordan is the greatest, but the conversation should be open for healthy debate — not locked behind an air of legend. People want to call Jordan a cold-blooded shooter who refused to lose, but it took Jordan seven years to

see **JORDAN**, page B4



HOLLY WARFIELD / CONTRIBUTING PHOTOGRAPHER



LAUREN GORDON / THE BREEZE

Baseball slides early

Despite plating two runs in both the bottom of the eighth inning and bottom of the ninth inning, JMU couldn't make up its deficit and lost 11-5 to Longwood University in the team's home opener Wednesday. With the loss, the Dukes fall to 0-3 to start the season. JMU has a home series with Binghamton University this weekend with the first game at 4 p.m. Friday.

TOP Junior infielder Ty McFarland awaits a throw to third base as junior third baseman Alex Owens slides in.

BOTTOM Sophomore pitcher Ben Garner winds back for a pitch.

Big air, big rivals

JMU Boarderlines heads to Massanutten on Saturday to take on U.Va. and Virginia Tech



COURTESY OF LOGAN KENDLE

Junior Sean Henke competes in last year's Red Bull Rival snowboarding competition.

By EVAN NICELY
The Breeze

For one under the radar JMU sports team, Massanutten Resort will be the site of a different kind of showdown this weekend.

The Boarderline Snowboarding Club is hitting the CMB Terrain Park at Massanutten on Saturday for its biggest competition of the year. The 2nd annual Red Bull Rivals best-trick event is something that JMU's team hopes to make a mainstay for a long time to come.

"Last year was really an experiment. It was really small and the first time we tried it," said senior Logan Kendle, president of Boarderline club. "It's different because this is the first time it's been at a school where there weren't huge

mountains nearby with massive terrain parks."

This year, they've added Virginia Tech, and Kendle believes the event is something that could quickly become a must-see rivalry matchup.

"It's JMU versus U.Va. versus Virginia Tech," Kendle said. "I think U.Va. is still a little bitter we beat them last year. They had the best trick but we had the best team. Virginia Tech also has a whole free-style team we're going up against."

JMU has its sights set on beating Virginia Tech this year after defeating U.Va. last year.

"I don't think we're too worried about U.Va., but I think it's definitely [Virginia Tech] that we're just trying

see **BOARDERLINES**, page B4

PARK

| Will soon feature disc golf and ropes course



MATT SCHMACHTENBERG / THE BREEZE

One of University Park’s two basketball courts stands empty. The new facility is used by several intramural and club teams but not many walk-ins yet.

from page B3

a multi-purpose turf field the size of three soccer fields. There are also additional turf fields and a stadium section for sports teams.

University Park will soon open two new additions: a disc golf course and a ropes course. Nickel thinks the disc golf course, along with warm weather, will help attract students to the park.

“[Disc golf] is a different kind of sport,” Nickel said. “It brings out a different kind of student than the traditional

football and basketball player.”

Nickel cited the hilly terrain of the area to be a main factor in choosing to put in disc golf. He added that the school’s disc golf club has been instrumental in getting the course ready for its April 4 opening.

The second addition is two Team Empowerment at Madison (TEAM) ropes courses in which groups have to work together to solve problems while developing teamwork. A low course is already set up by the softball field, but it will move to the park and a high course will be constructed.

The low course has gotten some use from groups such as the men’s basketball team, but University Recreation is hoping that other on-campus groups will be able to take advantage of the new courses.

“We hope to make a priority for JMU students and student orgs to do it essentially for free. That’s our goal,” Nickel said. “And then outside groups coming in — conferences and camps — would pay a fee, and that would help pay for the upkeep of it.”

University Recreation hopes these new additions and the

coming of spring mean that the park will be more popular this semester. After the school year is over the department will survey students about the park and make necessary changes for the next year, but Nickel is being patient.

“The students haven’t discovered it yet, and we find students’ habits evolve over time,” Nickel said. “It’s really only been open for four months.”

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JORDAN

| Shouldn’t be compared to James

from page B3

earn his first championship. I seriously doubt he warmly accepted the losing then.

Jordan’s deification is mildly frustrating, but the hyper-analysis of James’ career is just ludicrous. James, a relatively young and extraordinarily healthy 28, is just entering the peak of his career. He’s all but guaranteed to earn at least two more rings, and a lot of people (including me) believe he’ll have at least five before it’s all said and done.

People want to line James and Jordan up and compare them, but one is half the other’s age. Jordan has been retired for 10 years and is safe and sound in the Hall of fame.

Though his résumé is already supremely impressive, James’ career is eight or 10 years from being complete. Comparing an active player’s résumé, which is a work in progress, to a retired legend is just plain stupid.

ESPN obviously doesn’t help matters by blowing up the aforementioned sound bites comparing Bryant and James. According to Jordan, “five is better than one” in reference to the number of championships Bryant and James have earned.

SportsCenter immediately enters frat boy mode whenever something like this happens. Picture it now: “Oh! Oh, snap! You just got told! You just got told by Michael Jordan! He just burned you

SO bad!”

The problem with Jordan’s logic, as well as that of the average fan, is that it inflates the importance of championships and downplays the significance of everything else. James wryly pointed out that Bill Russell owned five more rings than Jordan. And unlike James and Bryant, Jordan and Russell are retired, their careers finalized. Should we consider Russell the better player?

Don’t entertain the idea. Russell’s career is a relic of a time long-passed, where parity in the National Basketball Association was nonexistent. Russell was a truly dominant player because there was no one who could match him athletically, and his gaudy stats reflect that reality.

As a basketball culture, we’ve become obsessed with designating a hierarchy of greats. Jordan must be better than Kobe, who must be better than LeBron, who must be better than Charles Barkley, who must be better than ...

It’s stupid. Just stop. Debate if you must, but don’t forget to appreciate each player individually for what their career was, be it finished or incomplete, bejeweled or otherwise.

Chase Kiddy is a senior writing, rhetoric and technical communication major. Contact Chase at breezesports@gmail.com.

BOARDERLINES

| Aims for second consecutive win at seven-member event

from page B3

to beat,” said junior KC Hoffman.

Leading up to Saturday’s event, members of JMU’s team have tried to get some practice time together. It has one final practice session together on Friday at Massanutten.

“I’ve definitely been trying to ride with some of the other riders to kind of push each

other,” said sophomore Camden Kurtz. “I think it’s nice to see what other guys have to offer and I guess they can see the same out of me.”

The Boarderline teams are student-run through UREC and isn’t only made up of those competing in the X Games-style snowboarding event. It encompasses 319 members that make up the organization’s ski and snowboarding race teams

as well.

“We pretty much fund ourselves and take several trips up to Snowshoe and take trips to Massanutten,” Kendle said. “We just try to convince everyone to get a season pass to Snowshoe and this year we were able to get a house together nine times.”

Despite the large numbers in the organization, a lot of students still don’t know that

a club like this exists or that they have the opportunity to become a part, even those who may have never tried it.

“It surprises me how many people I’ve met that have never set foot on snowboard or skis,” Kendle said.

This year’s Rivals event will include seven riders from each of the schools, and they will have a 30-minute time slot to rise. Each team member will

receive an individual score that’s tallied into the total team score.

The judges will also score the best individual trick and determine the highest team score, a title JMU will be looking to hang on to.

“We did win last year so there are big hopes — we want to go for two in a row,” Kendle said. “We have some good riders that spent a lot of time really

working on their tricks. I think they are going to really pull it all together.”

The event will start Saturday afternoon, with warm-ups beginning at 5 p.m. and the competition at 7 p.m. It is free and open to the public who will have a viewing area right alongside the CMB terrain park.

CONTACT Evan Nicely at nicelyej@dukes.jmu.edu.

ballhooter

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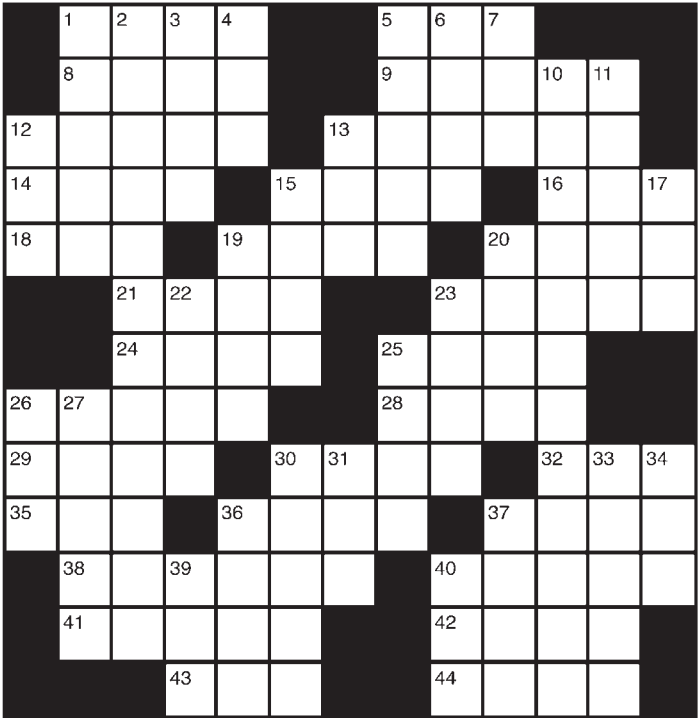
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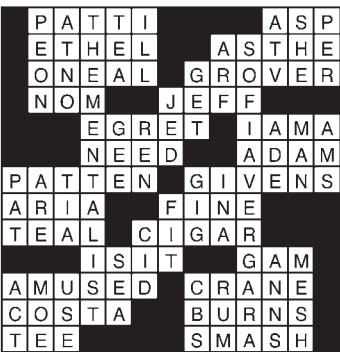
- 1 “__ ’70s Show”
5 Cruise or Selleck
8 “The Amazing __”
9 Gladden
12 Recorded
13 Lead role on “The Good Wife”
14 Setting for “Heidi”
15 Potter’s oven
16 “Scarecrow and __. King”
18 Elly __ Clampett
19 Laura’s older sister on “Little House on the Prairie”
20 Bridge crosser’s fee
21 Correct a manuscript
23 Actress Sagal
24 “__ But the Brave”; Frank Sinatra movie
25 “Dancing __ the Stars”
26 __ better; shouldn’t
28 “Cast __”; film for Tom Hanks
29 “Law & Order: Special Victims __”
30 Hatcher or Garr
32 __ culpa; admission of guilt
35 Country music network

- 36 Actor Alex __
37 Con game
38 “The Night of the __”; film for Richard Burton & Ava Gardner
40 Game show panelist __ Cass
41 School composition
42 To __; exactly
43 Actress Ortiz of “Ugly Betty”
44 “The Sonny and __ Comedy Hour”

DOWN

- 1 “The flowers that bloom in the spring, ____”
2 Eliza Coupe sitcom
3 Highest cards
4 Mosby of “How I Met Your Mother”
5 Mr. Savalas
6 Actor Ken of “thirtysomething”
7 “The Bernie __ Show”
10 Role on “NCIS”
11 __ Hyman; actor who portrayed Cliff’s dad on “The Cosby Show”
12 Scottish cap
13 “Up in the __”; George Clooney movie
15 Jon Gosselin’s ex
17 Stallone, to friends
19 Factory where coins are made
20 Casual farewell
22 “Boys __ Cry”; Hilary Swank film
23 New Zealand’s national bird
25 Beaver Cleaver’s dad
26 Gilligan’s shelter
27 Actress Potts
30 Skater __ Harding
31 Historical period
33 Raring to go
34 “Judging __”
36 Actor James
37 Adam Brody’s role on “The O.C.”
39 Neighbor of Mexico: abbr.
40 __-Man; early video game

Solution to Last Week’s Puzzle

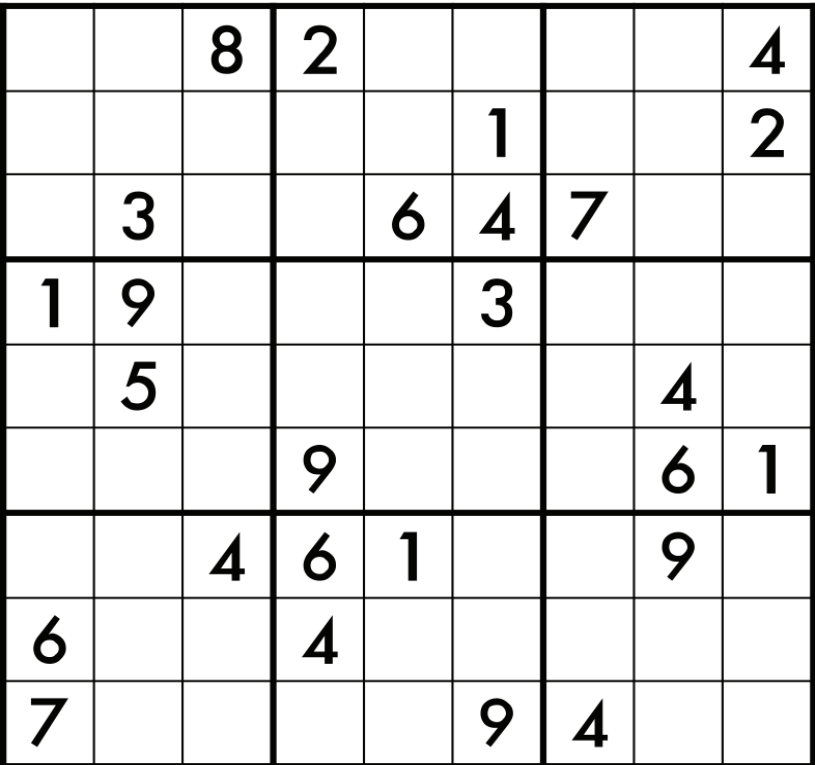


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3/3/13

Sudoku

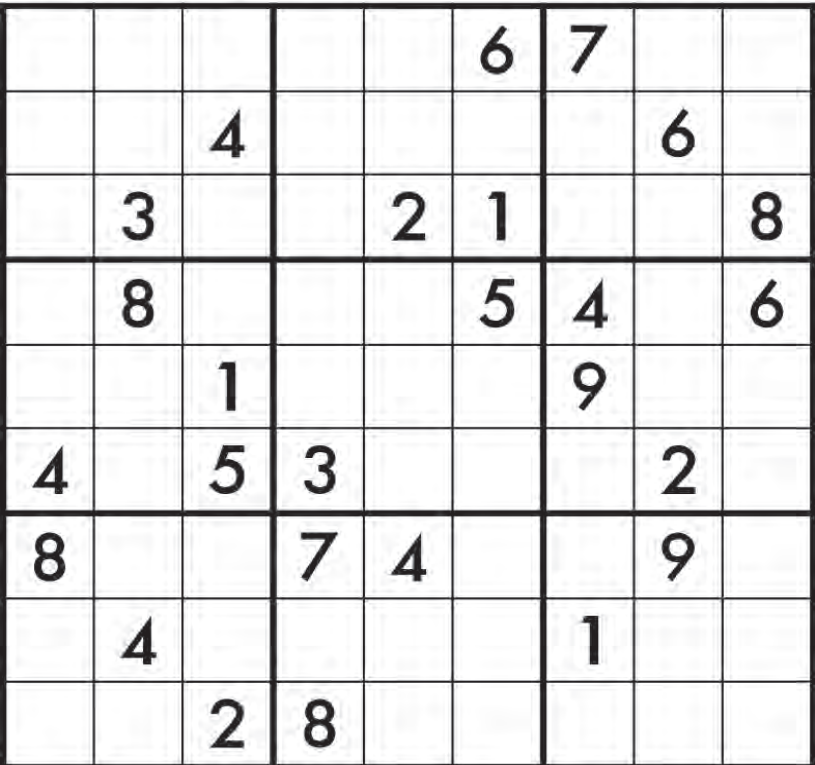
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A LOOK AT OUR UNHEALTHY OBSESSION WITH DIETING AND OTHER WEIGHTY MATTERS

SUNDAY, 2/24, 6PM

BRIEF PANEL DISCUSSION TO FOLLOW THE FILM.

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